EMERGENCY ORAL CONTRACEPTION CONSULTATION

Information required to prepare your consultation

Your pharmacist can offer you a consultation aiming to dispense emergency oral contraception. When taken within 120 hours (5 days) following unprotected intercourse, it can reduce the risk of an unwanted pregnancy. The sooner emergency oral contraception is taken after intercourse, the more effective it is.

You must go to the pharmacy and the consultation will be held in the pharmacist's office in complete confidentiality. The pharmacist will need to know several pieces of information to best serve you. By offering all the information needed, you can help your pharmacist complete his/her work. The information gathered will be stored confidentially in your record.

Once both sections of the questionnaire have been filled out, bring it to the consultation with the pharmacist. It is not necessary to make an appointment ahead of time.

Section 1 – GENERAL INFORMATION		
Last name		
	Date of birth/	
Family doctor		don't a have family doctor \square
Do you have allergies or intolerances to medication, food or any other substances?		
Are you taking medications or natural products that are not indicated in your pharmacy record?		
Do you smoke? Yes □ No □	If so, how many cigarettes p	er day?
How much do you weigh? kg lb		
Are you pregnant? Yes □ No □ It's possible □	If so, what is your due date?	
Are you breastfeeding? Yes □ No □		
Section 2 – INFORMATION CONCERNING EMERGENCY ORAL CONTRACEPTION		
What is the first day of your last period?/ /		
Is your menstrual cycle regular (period each month)? Yes □ No □		
Typical duration of your menstrual cycle days		
Was your last period normal? Yes □ No □		
When did you last have unprotected intercourse (date and time)?		
Did you have unprotected intercourse on other occasion	ns since your last period?	Yes 🗆 No 🗆
If so, date and time		
Do you use a contraceptive method on a regular basis? Yes □ No □ If so, which one?		
	0] Condom] Injectable contraceptive
Contraceptive patch)ther:

This tool is offered to you by your 📠 Jean Coutu affiliated owner-pharmacist